



Guidelines for attending classes at Columbia Ballet School

General Guidelines for Dancers and Families

1. All dancers should arrive at the studio in dance clothes with shoes, water bottles, and other needed items secure in their dance bag. No dressing rooms will be open.
2. **All dancers, staff, teachers and parents are required to wear masks while in the studio.**
3. Dancers must bring an ample supply of water for the time they are taking class. We suggest a large bottle, labeled with the dancer's name. The water fountain is not available.
4. Dancers should be dropped off at the door, if traffic permits, or parents may park and escort their dancer to the door. Parents are not allowed in the studio. Please communicate any needs or concerns by email.
5. Dancers must take dance bags into the studio. Shoes must be changed before they enter.
6. Before entering the building, dancers must use hand sanitizer at the station at the front door. Dancers must observe social distancing while waiting to enter the building.
7. Upon entering the building, each person's temperature will be checked. Anyone with a temperature of 100.4 or higher will be sent home immediately. The dancer may not return until achieving 48 hours fever-free.
8. Each dancer should have a packet of Clorox wipes or other disinfectant, a water bottle, and a small bottle of hand sanitizer. Please put the wipes and sanitizer in a Zip-Loc bag to use in the studio. If Clorox wipes are still impossible to find, please make up a bag of a paper towels soaked in isopropyl alcohol of at least 60 percent. Each dancer should have several soaked paper towels.
9. A hand-washing station is set up in the kitchen at the back of the studio. Dancers should wash their hands well (at least 30 seconds) and sanitize them before class begins.
10. The dancer should go into the kitchen to the hand-washing station. Wash hands for 30 seconds and then dry. Also, use hand sanitizer.
11. When at the barre, dancers must stay within correct social distance.
12. When in center, dancers must stay within the grid or within social distance.
13. Dancers who normally sweat should be prepared to wear sweat-wicking clothing.
14. Following class, each dancer should disinfect his/her barre area and discard wipes immediately.
15. Dancers should proceed at appropriate social distance to change shoes and exit the building.
16. A dancer who lives in the same house as a person who has been diagnosed with COVID-19 may not attend classes and should self-quarantine for 14 days. The dancer must test negative for COVID-19 to return. The dancer should notify the studio immediately.
17. Dancers who become sick at dance will be separated from class and sent home immediately.
18. Dancers should retain awareness about social distancing. During all activities, whether in the studio or hallway, the dancer is responsible for awareness of space.

General Guidelines for Employees

1. If you are sick, stay home, get a test, and self-isolate.
2. Practice social distancing to the greatest extent possible.
3. Wear a face mask that is comfortable for you during class. The studio will reimburse you for your masks. Wearing a face mask protects others in case you are asymptomatic but capable of spreading virus.
4. Wash hands frequently (20-30 seconds with soap and water) or use a sanitizer that contains at least 60% alcohol.
5. Clean and disinfect frequently touched objects (e.g., door handles, stereos) and surfaces (e.g., handrails, barres, sinks). Watch to make sure dancers clean their barre area and remind them if necessary.
6. Avoid touching of eyes, nose, and mouth.
7. Cover mouth and nose when you cough or sneeze and throw used tissues away immediately after use.
8. Avoid using other employees' phones, desks, or other work tools and equipment. Disinfect them before and after use.
9. Minimize the use of soft surfaces like cloth covered chairs or area rugs that are more difficult to clean or disinfect.